

Prices:
 Full Price: \$2.50
 Reduced: \$40
 Adult \$3.75
 Milk: \$.45

Lunch price includes:
5 components
Milk, protein, grains,
fruit and a vegetable

Must take a fruit or vegetable plus 2 more components for a complete meal.

Fresh Veggie Cup Daily

Monday November 6, 2017
 Sloppy Joe
 Green Beans
 Heartzel
 Fruit Choice
 Milk

Tuesday November 7, 2017

Staff Development
NO SCHOOL

Wednesday November 1, 2017
"PASTA YOUR WAY"
 PASTA w/wo MEATBALLS
 and Parmesan Cheese
 Steamed Broccoli
 Garlic Bread
 Fruit Choice
 Milk

Thursday November 2, 2017
 Chicken Patty
 WG Bun
 Baked Beans
 Oven Baked Potatoes
 Fruit Choice
 Milk

Friday November 3, 2017
 Cheese Quesadilla Pizza
 Tossed Salad with Greens
 Apple Crisp
 Milk

Fresh Veggie Cup Daily

Monday November 13, 2017
 Chicken and Cheese Quesadilla
 with Salsa and Sour Cream
 Spanish Rice with Black Beans
 Corn
 Fruit Choice
 Milk

Tuesday November 14, 2017
 Mozzarella Sticks w/ Sauce
 Seasoned Pasta
 Diced Carrots
 Chocolate Chip Cookie
 Fruit Choice
 Milk

Wednesday November 15, 2017
 BBQ Rib on WG Bun
 Oven Baked Potato Wedges
 California Blend Vegetables
 Fruit Choice
 Milk

Thursday November 16, 2017
 Turkey and Gravy w/Cranberry sauce
 Whipped Mashed Potatoes
 Green Beans
 WG Slice of Bread
 Fruit Choice
 Frosted Cake
 Milk

Friday November 17, 2017
 Wild Mike's Personal Pizza
 Broccoli
 Sliced Watermelon Wedge
 Milk



Fresh Veggie Cup Daily

Monday November 20, 2017
 Chicken Patty on WG Bun
 Rice Pilaf
 California Blend
 Fruit Choice
 Milk

Tuesday November 21, 2017
 Tomato Soup
 Tuna with Cheese Sailboat
 Vegetable Sticks with Dip
 Bag of Potato Chips
 Fruit Choice
 Milk

Wednesday November 22, 2017
Thanksgiving Recess
NO SCHOOL

Thursday November 23, 2017
Thanksgiving Recess
NO SCHOOL

Friday November 24, 2017
Thanksgiving Recess
NO SCHOOL



Fresh Veggie Cup Daily

Monday November 27, 2017
 Chicken Nuggets
 Whipped Mashed Potatoes
 Corn Niblets
 Pretzel Rod
 Fruit Choice
 Milk

Tuesday November 28, 2017
 Cheeseburger
 WG Bun
 Baked Beans
 Bag of Chips
 Fruit Choice
 Milk

Wednesday November 29, 2017
BREAKFAST for LUNCH
 Fruitables Tropical Twist
 Pancakes with Syrup
 Sausages
 Tator Tots
 Fruit Choice
 Milk

Thursday November 30, 2017
 American Chop Suey
 Garlic Bread
 Broccoli
 Fruit Choice
 Milk

Menu Notes:

Daily Milk choices offered are Fat Free and Low Fat.
 Vegetables & Fruits, often fresh & locally grown,
 is offered with every meal.
 A fresh veggie cup is offered daily

Daily Alternates:

Yogurt served with a pretzel and fixings
 Choose granola and fruit to go with your yogurt
 *Toasted Cheese on Whole Wheat Bread